

**BACHELOR OF SCIENCE—Exercise Science Major
OLD DOMINION UNIVERSITY**

2004-06 Catalog

Students earning the AS, AA, or AA&S (or university parallel) degree from a Virginia Community College automatically satisfy the lower division general education requirements. **General Education courses marked with * require a grade of C or better to transfer. The remaining lower division courses are automatically satisfied by the AS (including foreign language), regardless of the grade earned.** Additionally, courses in which a grade of A-C or below were earned will not transfer. Therefore Community College degree holders who meet the General Education requirements may require additional credits to meet the 120 credit hour graduation minimum. **(AS=Associate degree)**

Entrance Writing Sample Placement Test: _____

NAME: _____

UIN: _____

PHONE: _____

LOWER DIVISION GENERAL EDUCATION

<u>Written Communication</u>	<u>Credits/Grade</u>
ENGL 110C	3 _____
ENGL 111C, HIST 111C, Or PHIL 111C	3 _____

<u>Oral Communication</u>	
COMM 101R, 103R or 112R	3 _____

<u>Mathematics</u>	
(MATH 102M or 162M required)	3 _____ *

<u>Foreign Language</u>	
	0-6 _____

<u>Computer Skills</u>	
CS 101D, CS 149D, IT 100D, or OTS251D	3 _____

B. Perspectives

<u>Fine and Performing Arts</u>	
ARTH 121A, ARTS 122A, MUSC 264A, DANC 185A, THEA 241A Or GEN 101	3 _____

<u>History</u>	
HIST 101H, 102H, 103H, 104H or 105H or GEN 101	3 _____

<u>Literature</u>	
ENGL 112L, 144L, or FLET 100L Or GEN 101	3 _____

<u>Philosophy</u>	
PHIL 110P, 120P, or 150P or GEN 101	3 _____

Natural Science and Technology
Eight credit hours of Natural Science with labs in sequence. Additionally, 3-4 Natural Science or Technology are required.

BIOL 115N	4 _____ *
BIOL 116N	4 _____ *
PHYS 111N	4 _____ *

<u>Social Science</u>	
PSYC 201S	3 _____ *

Exercise Science Requirements

BIOL 250 Anatomy and Physiology I	4 _____ *
BIOL 251 Anatomy and Physiology II	4 _____ *
CHEM 115N Found of Chemistry I	4 _____ *
CHEM 116N Found of Chemistry II	4 _____ *
EXSC 225 Intro to Exercise Science	3 _____ *
EXSC 250 Strength & Condition Ld	3 _____
EXSC 322 Anatomical Kinesiology	4 _____
EXSC 340 Prevention/Care Injuries	3 _____
EXSC 408 Nutrition Fitness and Sport	3 _____
EXSC 415 Exer Test/Nml/Spc Pop	4 _____

EXSC 417W Adv Kinesiology/Bio	4 _____
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EXSC 428 Exer Prescript/Chronic	3 _____
EXSC 431 Wellness Program/Adm	3 _____

CHOOSE ONE OF THE FOLLOWING

Scientific Foundations of Exercise option:

PHYS 112N Intro Gen Physics II	4 _____ *
EXSC 420 Research Meth Ex. Sc	3 _____
EXSC 426 Exercise Physiology I	3 _____
EXSC 427 Exercise Physiology II	3 _____
ELECTIVES	

_____	3 _____
_____	3 _____
_____	3 _____
_____	1 _____

Preventive/Rehabilitation option:

EXSC 368W Internship	12 _____
EXSC 409 Physiology of Exercise	3 _____
Electives	8 _____

All EXSC courses will be used to calculate the major grade point average which must be 2.0 to graduate.

UPPER DIVISION GENERAL EDUCATION

Option A. Approved Minor, 12-24 hours; also second degree or second major.

Option B. Cluster, 9 hours (3 hours may be in the major area of study.)

Additional free elective hours may be needed to make 120 credits total. A minimum 2.00 Grade Point Average is required in the major, minor and overall to meet graduation requirements. Other requirements include passage of the Exit Writing Examination, completion of the Senior Survey, and an exit interview with the department chair.