

Entrance Writing Sample Placement Test: _____

LOWER DIVISION GENERAL EDUCATION

<u>Written Communication</u>	<u>Credits/Grade</u>
ENGL 110C	_____ 3 _____
ENGL 111C or 131C	_____ 3 _____

<u>Oral Communication</u>	
COMM 101R, 103R or 112R	_____ 3 _____

<u>Mathematics</u>	_____ 3 _____
(MATH 102M or 162M required)	

<u>Foreign Language</u>	_____ 0-6 _____
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<u>Computer Skills</u>	_____ 3 _____
CS 101D, CS 149D, or OTS251D	

B. Perspectives

<u>Fine and Performing Arts</u>	_____ 3 _____
ARTH 121A, ARTS 122A, MUSC 264A, DANC 185A, THEA 241A, COMM/THEA 270A	

<u>History</u>	_____ 3 _____
HIST 101H, 102H, 103H, 104H or 105H	

<u>Literature</u>	_____ 3 _____
ENGL 112L, 144L, or FLET 100L	

<u>Philosophy</u>	_____ 3 _____
PHIL 110P, 120P, or 150P	

Natural Science and Technology

Eight credit hours of Natural Science with labs. Additionally, 3-4 credit hours of Natural Science or Technology are required.

BIOL 115N	_____ 4 _____
BIOL 116N	_____ 4 _____
PHYS 111N	_____ 4 _____

<u>Social Science</u>	
PSYC 201S (required)	_____ 3 _____

Exercise Science Requirements

BIOL 250 Anatomy and Physiology I	_____ 4 _____
BIOL 251 Anatomy and Physiology II	_____ 4 _____
CHEM 115N Found of Chemistry I	_____ 4 _____
CHEM 116N Found of Chemistry II	_____ 4 _____
EXSC 225 Intro to Exercise Science	_____ 3 _____
EXSC 250 Strength & Condition Leadership	_____ 3 _____
EXSC 322 Anatomical Kinesiology	_____ 4 _____
EXSC 340 Prevention/Care Injuries	_____ 3 _____
EXSC 408 Nutrition Fitness and Sport	_____ 3 _____
EXSC 415 Exercise Test/Nml/Spc Pop	_____ 4 _____
EXSC 417W Adv Kinesiology/Biomechan.	_____ 4 _____
EXSC 428 Exer Prescript/Chronic Dis	_____ 3 _____
EXSC 431 Wellness Program/Administrat.	_____ 3 _____

CHOOSE ONE OF THE FOLLOWING

Scientific Foundations of Exercise option:

PHYS 112N Intro Gen Physics II	_____ 4 _____
EXSC 420 Research Methods Exer. Science	_____ 3 _____
EXSC 426 Exercise Physiology I	_____ 3 _____
EXSC 427 Exercise Physiology II	_____ 3 _____
ELECTIVES: (10)	

_____	_____ 3 _____
_____	_____ 3 _____
_____	_____ 3 _____
_____	_____ 1 _____

Preventive/Rehabilitation option:

EXSC 368W Internship	_____ 12 _____
EXSC 409 Physiology of Exercise	_____ 3 _____
Electives	_____ 8 _____

All EXSC courses will be used to calculate the major grade point average which must be 2.0 to graduate.

UPPER DIVISION GENERAL EDUCATION

Option A. Approved Minor, 12-24 hours; also second degree or second major.

Option B. Cluster, 9 hours (3 hours may be in the major area of study.)

Option C. Two Upper Division courses from another college outside of and not required by the major. (6 hours).

Additional free elective hours may be needed to make 120 credits total. A minimum 2.00 Grade Point Average is required in the major, minor and overall to meet graduation requirements. Other requirements include passage of the Exit Writing Examination and completion of the Senior Survey.